

KALI KNUTSON PRIVATE IN-HOME CAREGIVER

# CONTACT

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- Sturgeon Bay, WI

# **EDUCATION**

### 2025-PRESENT UW-SUPERIOR

- Clinical Mental Health
- Online Master's Program

### 2014 -2019 UW-MILWAUKEE

- Bachelor of Communication
- Business Studies
- Summa Cum Laude

#### 2012-2013 HAMLINE UNIVERSITY

- Pre-Med Studies
- CNA

2008-2012 STURGEON BAY HIGH SCHOOL

# PROFESSIONAL CAREGIVING EXPERIENCE

# Dementia Caregiver

JAN 2025 - MAR 2025

Sturgeon Bay, WI

- Provided warm, compassionate assistance with daily living tasks—such as healthy meal preparation, bathing, and dressing—and guided daily exercises to enhance mobility and strength.
- Offered close daytime and nighttime monitoring to prevent falls.
- Kept family members informed by sending end-of-week recap emails detailing clients well-being, notable occurrences, and positive moments from the week.

# Companion Caregiver

NOV 2022 - FEB 2023

Milwaukee, WI

- Delivered comprehensive care including meal preparation, pill administration, and companionship.
- Crafted a detailed recipe binder for clients children, preserving family culinary traditions and ensuring easy access to cherished recipes.
- Fostered a warm and supportive environment while assisting with difficult tasks.

## Care Manager

Madison, WI

FEB 2022 - OCT 2022

- Provided around-the-clock in-home care for 5-12 day shifts, ensuring comfort and support through end-of-life.
- Recruited, trained, and supervised a team of 3–5 caregivers, managing schedules and performance.
- Maintained detailed health records, communicated updates on client's condition, and delivered compassionate companionship.
- Performed daily pet care duties, including cleaning, feeding, and playtime for the household cat.

## Parkinson's Caregiver

#### SUMMER 2016 & 2017

Baileys Harbor, WI

- Provided specialized Parkinson's care by assisting with facial exercises, dressing, and facilitating engaging activities such as painting to encourage cognitive and motor function.
- Maintained a clean, organized home by handling daily tasks such as cleaning, laundry, and managing clothing and personal items.
- Prepared nourishing, organic meals daily to support overall health and well-being.

# Scandia Village CNA

Sister Bay, WI

OCT 2013 - APR 2014

- Utilized advanced transfer methods (e.g., Hoyer lifts) to safely move residents, performed bed baths, and implemented regular positioning to prevent bedsores.
- Trained in dementia care, offering gentle, empathetic support to memory-care residents while ensuring dignity and comfort.
- Documented resident care in a specialized system, diligently tracking bowel movements, food intake, and other vital notes.